

# Service Learning Projects

CATCH My Breath Service Learning Projects empower students to make a meaningful contribution to vaping prevention efforts while also earning school credits and building 21st Century skills, like public speaking, event planning, advocacy, and more.



*Projects now include a timely component on the correlation between vaping and infectious disease, like **COVID-19**.*

## Project Types

*\*Student toolkits are provided to guide all service learning projects.*



### Community Presentation

Deliver an online group presentation about the youth vaping epidemic and its links to infectious disease.



### Fundraise for Vaping Prevention

Personalize, share and promote a fundraising website that supports the CATCH My Breath program.



### Bring CATCH My Breath to a Campus

Work with local school administrators to bring CATCH My Breath to a new school (delivered on-site or online).

## Project Benefits



Make a meaningful impact on preventing youth vaping.



Great resume-builder and college application enhancer!



Develop and fine-tune presentation, organizational, and persuasive skills.



Earn school credit (where possible), rewards, & state / national recognition.

## College Scholarships

Three scholarships will be awarded at the HOSA International Leadership Conference in June 2020 (in-person or online). These projects are the perfect option for students looking to complete their SLP requirements virtually in the current climate of distance learning.

**SUBMISSIONS DUE**  
May 15, 2020

**GOLD - \$2,500**  
**SILVER - \$1,500**  
**BRONZE - \$1,000**

# CATCH<sup>®</sup> MY BREATH

CATCH My Breath is an evidence-based, peer-led, youth vaping prevention program that equips students with the knowledge and skills they need to make informed decisions about the use of all types of e-cigarettes, including JUUL and disposable devices.

CATCH My Breath has served over

**1 Million Students**

across all

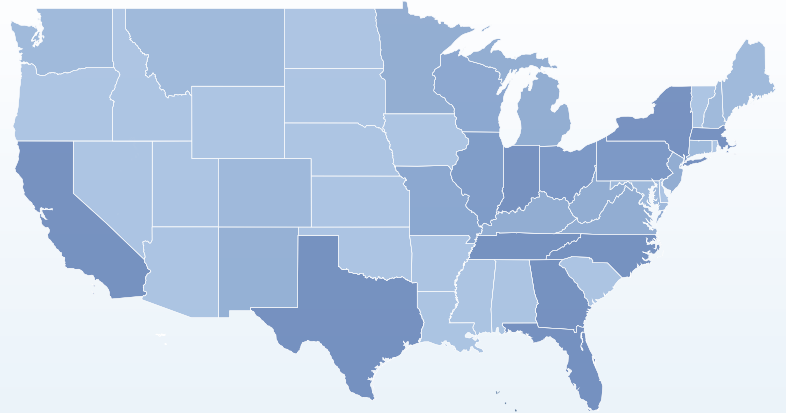
**50 States**

in over

**2,700 Schools**

with a completion rate of over

**5,300 kids / day**



## Teacher / Student Feedback

*"The CATCH My Breath program is easy to understand and it touches on core areas youth need to understand to make educated choices."*

**Educator** | Cleveland, OH

*"The CATCH My Breath program is so helpful, because kids don't think about the long term effects of vaping. When I first heard of vaping, I thought it was safer than cigarettes, but after going through the curriculum, I now know all about the chemicals that are in an e-cigarette. Stop now while you can."*

**8th Grade Student** | New York, NY

Service Learning Projects

**National Partner**



## Become a Supporter

Interested in learning how you or your company can gain visibility by sponsoring CATCH My Breath's Service Learning Projects? Email us at [catchmybreath@catch.org](mailto:catchmybreath@catch.org).



Text **CATCH** to **22999** to receive updates, deadline reminders, and announcements. (Opt-out anytime.)

[catchmybreath.org/service](https://catchmybreath.org/service)  
[catchmybreath@catch.org](mailto:catchmybreath@catch.org)