CATCH My Breath Service Learning Projects empower students to make a meaningful contribution to vaping prevention efforts while also earning school credits and building 21st Century skills, like public speaking, event planning, advocacy, and more.

Projects now include a timely component on the correlation between vaping and infectious disease, like COVID-19.

Project Types

- **Community Presentation**
  Deliver an online group presentation about the youth vaping epidemic and its links to infectious disease.

- **Fundraise for Vaping Prevention**
  Personalize, share and promote a fundraising website that supports the CATCH My Breath program.

- **Bring CATCH My Breath to a Campus**
  Work with local school administrators to bring CATCH My Breath to a new school (delivered on-site or online).

*Student toolkits are provided to guide all service learning projects.*

Project Benefits

- Make a meaningful impact on preventing youth vaping.
- Great resume-builder and college application enhancer!
- Develop and fine-tune presentation, organizational, and persuasive skills.
- Earn school credit (where possible), rewards, & state / national recognition.

College Scholarships

Three scholarships will be awarded at the HOSA International Leadership Conference in June 2020 (in-person or online). These projects are the perfect option for students looking to complete their SLP requirements virtually in the current climate of distance learning.

**SUBMISSIONS DUE**
May 15, 2020

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<th>College Scholarships</th>
<th>GOLD</th>
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CATCH My Breath is an evidence-based, peer-led, youth vaping prevention program that equips students with the knowledge and skills they need to make informed decisions about the use of all types of e-cigarettes, including JUUL and disposable devices.

CATCH My Breath has served over 1 Million Students across all 50 States in over 2,700 Schools with a completion rate of over 5,300 kids / day as of January 2020.

Teacher / Student Feedback

“The CATCH My Breath program is easy to understand and it touches on core areas youth need to understand to make educated choices.”

Educator | Cleveland, OH

“The CATCH My Breath program is so helpful, because kids don’t think about the long term effects of vaping. When I first heard of vaping, I thought it was safer than cigarettes, but after going through the curriculum, I now know all about the chemicals that are in an e-cigarette. Stop now while you can.”

8th Grade Student | New York, NY

Become a Supporter

Interested in learning how you or your company can gain visibility by sponsoring CATCH My Breath’s Service Learning Projects? Email us at catchmybreath@catch.org.

Text CATCH to 22999 to receive updates, deadline reminders, and announcements. (Opt-out anytime.)