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# Kindergarten

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CATCH Alignment Guide to  
Texas Essential Knowledge  
and Skills (TEKS)

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CATCH Classroom Curriculum

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# CATCH Alignment Guide to Texas Essential Knowledge and Skills (TEKS)<sup>©</sup>

## Acknowledgements

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## Explanation and Key of Alignment Table

Heading and Title Row. Titles each column explaining what will be in the cells below them.

Session/ Activity	Texas Essential Knowledge and Skill (TEKS)	Core Subject	Notes for Teachers/ Handouts
<b>Session 1: GO Foods, GO Activities</b>			
Ses.1/Act.1 Story & Discussion	<p><b>L.A. (5.2) Listening Speaking/Critical Listening.</b> The student listens critically to analyze and evaluate a speaker's message.</p> <p><b>L.A. (5.10) Reading/Comprehension.</b> The student comprehends selections using a variety of strategies.</p>	Language Arts/ Reading	(Story) Can be done during guided reading.

The title of each session is placed in its own row and shaded to make it easier to find and read.

Labels the session and activity number found in the curriculum guide.

Suggests to teachers, which subject areas they can integrate the health lesson into other subject areas.

Ideas of ways to deliver the information to students, or any needed information for that particular lesson or future lesson.

Lists the overall TEKS that can be linked to this lesson activity. They include Language Arts, Science, Math, Social Studies and Health. Makes it easy to match it with the TEKS a teacher is teaching during the week.

## Kindergarten CATCH Aligned with TEKS/TAKS

Session/ Activity	Texas Essential Knowledge and Skill (TEKS)	Core Subject	Notes for Teachers/ Handouts
<b>Session 1: Being Healthy is Fun!</b>			
Act. 1 Story and Discussion	L.A. 4 Reading/Beginning Reading/Strategies – 4.B ask and respond to questions about texts read aloud	Language Arts/Reading	Prior to lesson, teacher creates anchor chart with song lyrics for students to refer to. (Save anchor chart for Session 10)
	Sci. 1 Scientific Investigation and Reasoning – 1.B discuss the importance of safe practices to keep self and others safe and healthy	Science	
	H.E. 1 Health Behaviors – 1.A identify and practice personal health habits that help individuals stay healthy H.E. 1 Health Behaviors – 1.B identify types of foods that help the body grow	Health Education	
Act. 2 Song	L.A. 1 Reading/Beginning Reading Skills/Print Awareness – 1.A recognize that spoken words can be represented by print for communication	Language Arts/Reading	
Act. 3: Summary	S.S. 15 Social Studies Skills – 15.A express ideas orally based on knowledge and experiences	Social Studies	
<b>Session 2: GO Foods</b>			
Act. 1 Discussion	L.A. 21 Listening and Speaking/Listening – 21.A listen attentively by facing speakers and asking questions to clarify information	Language Arts/Reading	
	H.E. 1 Health Behaviors – 1.A identify and practice personal health habits that help individuals stay healthy H.E. 1 Health Behaviors – 1.B identify types of foods that help the body grow	Health Education	
Act. 2 Game	L.A. 21 Listening and Speaking/Listening – 21.B follow oral directions that involve a short related sequence of actions  Math 7 Geometry and Measurement – 7.B	Math	

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Act. 3 Summary	compare two objects with a common measurable attribute to see which object has more of/less of the attribute and describe the difference  L.A. 10 Reading/Comprehension of Informational Text/Expository Text – 10.B retell important facts in a text, heard or read	Language Arts/Reading	
Session/ Activity	Texas Essential Knowledge and Skill (TEKS)	Core Subject	Notes for Teachers/ Handouts
<b>Session 3: Jumping Jacki and Gus Goodfood Love Vegetables!</b>			
Act. 1 Discussion	S.S. 15 Social Studies Skills – 15.A express ideas orally based on knowledge and experiences  H.E. 1 Health Behaviors – 1.A identify and practice personal health habits that help individuals stay healthy H.E. 1 Health Behaviors – 1.B identify types of foods that help the body grow.	Social Studies  Health Education	
Act. 2 Game	L.A. 5 Reading/Vocabulary Development – 5.C identify and sort pictures of objects into conceptual categories (e.g. colors, shapes, textures)	Language Arts/Reading	
Act. 3 Homework	Math 8 Data Analysis – 8.A collect, sort, and organize data into two or three categories	Math	
Act. 4 Summary	S.S. 16 Social Studies Skills – 16.B use a decision-making process to identify a situation that requires a decision, gather information, generate options, predict outcomes, take action to implement a decision, and reflect on the effectiveness of the decision	Social Studies	

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Session/ Activity	Texas Essential Knowledge and Skill (TEKS)	Core Subject	Notes for Teachers/ Handouts
<b>Session 4: Roots and Stems and Other Parts of Plants</b>			
Act. 1 Story and Discussion	L.A. 8 Reading/Comprehension of Literary Text/Fiction – 8.A retell a main event from a story read aloud; and 8.B describe characters in a story and the reasons for their actions  H.E. 1 Health Behaviors – 1.A identify and practice personal health habits that help individuals stay healthy H.E. 1 Health Behaviors – 1.B identify types of foods that help the body grow	Language Arts/Reading  Health Education	
Act. 2 Game/ Act. 3 Summary	Sci. 10 Organisms and Environments – 10.B identify parts of plants such as roots, stem, and leaves and parts of animals such as head, eyes, and limbs	Science	
<b>Session 5: Let's Eat Some Vegetables!</b>			
Act. 1 Snack Preparation	L.A. 11 Reading/Comprehension of Informational Text/Procedural Texts – 11.A follow pictorial directions (e.g. recipes, science experiments) L.A. 21 Listening and Speaking/Listening – 21.B follow oral directions that involve a short related sequence of actions  H.E. 1 Health Behaviors – 1.A identify and practice personal health habits that help individuals stay healthy H.E. 1 Health Behaviors – 1.B identify types of foods that help the body grow	Language Arts/Reading  Health Education	Prior to lesson, teacher uses Transparency H to create a rebus recipe (pictorial directions) for students to refer to.
Act. 2 Goal Setting	S.S. 16 Social Studies Skills – 16.B use a decision-making process to identify a situation that requires a decision, gather information, generate options, predict outcomes, take action to implement a decision, and reflect on the effectiveness of the decision	Social Studies	

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Act. 3 Summary	L.A. 8 Reading/Comprehension of Literary Text/Fiction – 8.B describe characters in a story and the reasons for their actions	Language Arts/Reading	
Session/ Activity	Texas Essential Knowledge and Skill (TEKS)	Core Subject	Notes for Teachers/ Handouts
<b>Session 6: Moving to a Beat</b>			
Act. 1 Discussion	L.A. 10 Reading/Comprehension of Informational Text/Expository Text – 10.B retell important facts in a text, head or read	Language Arts/Reading	
Act. 2 Game	L.A. 21 Listening and Speaking/Listening – 21.B follow oral directions that involve a short related sequence of actions  Sci. 1 Scientific Investigation and Reasoning – 1.B discuss the importance of safe practices to keep self and others safe and healthy	Science	
	H.E. 4 Health Information – 4.B name major body parts and their functions	Health Education	
Act. 3 Summary	H.E. 1 Health Behaviors – 1.C identify types of exercise and active play that are good for the body  L.A. 16 Oral and Written Conventions/Conventions – 16.B speak in complete sentences to communicate	Health Education  Language Arts/Reading	
Session/ Activity	Texas Essential Knowledge and Skill (TEKS)	Core Subject	Notes for Teachers/ Handouts
<b>Session 7: GO Activities Are Fun Anywhere!</b>			
Act. 1 Discussion	Math 1 Mathematical Process Standards – 1.A apply mathematics to problems arising in everyday life, society, and the workplace	Math	Prior to lesson, teacher creates anchor chart with poem for students to refer to. (Save anchor chart for Session 10)
Act. 2 Game	L.A. 21 Listening and Speaking/Listening – 21.B follow oral directions that involve a short related sequence of actions	Language Arts/Reading	

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<p>Act. 3 Homework/ Act. 4 Summary</p>	<p>Math 8 Data Analysis – 8.A collect, sort, and organize data into two or three categories</p> <p>H.E. 1 Health Behaviors – 1.A identify and practice personal health habits that help individuals stay healthy</p> <p>H.E. 1 Health Behaviors – 1.C identify types of exercise and active play that are good for the body</p> <p>S.S. 16 Social Studies Skills – 16.B use a decision-making process to identify a situation that requires a decision, gather information, generate options, predict outcomes, take action to implement a decision, and reflect on the effectiveness of the decision</p> <p>L.A. 1 Reading/Beginning Reading Skills/Print Awareness – 1.A recognize that spoken words can be represented by print for communication</p>	<p>Math</p> <p>Health Education</p> <p>Social Studies</p> <p>Language Arts/Reading</p>	
Session/ Activity	Texas Essential Knowledge and Skill (TEKS)	Core Subject	Notes for Teachers/ Handouts
<b>Session 8: Colorful Fruits</b>			
<p>Act. 1 Discussion</p> <p>Act. 2 Game</p> <p>Act. 3 Homework</p>	<p>S.S. 15 Social Studies Skills – 15.A express ideas orally based on knowledge and experiences</p> <p>L.A. 5 Reading/Vocabulary Development – 5.C identify and sort pictures of objects into conceptual categories (e.g. colors, shapes, textures)</p> <p>H.E. 1 Health Behaviors – 1.A identify and practice personal health habits that help individuals stay healthy</p> <p>H.E. 1 Health Behaviors – 1.B identify types of foods that help the body grow</p> <p>Math 8 Data Analysis – 8.A collect, sort, and organize data into two or three categories</p>	<p>Social Studies</p> <p>Language Arts/Reading</p> <p>Health Education</p> <p>Math</p>	



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Act. 4 Summary	S.S. 16 Social Studies Skills – 16.B use a decision-making process to identify a situation that requires a decision, gather information, generate options, predict outcomes, take action to implement a decision, and reflect on the effectiveness of the decision	Social Studies	
Session/ Activity	Texas Essential Knowledge and Skill (TEKS)	Core Subject	Notes for Teachers/ Handouts
<b>Session 9: Delicious Fresh Fruit</b>			
Act. 1 Song and Discussion	L.A. 1 Reading/Beginning Reading Skills/Print Awareness – 1.A recognize that spoken words can be represented by print for communication  Math 7 Geometry and Measurement – 7.B compare two objects with a common measurable attribute to see which object has more of/less of the attribute and describe the difference  H.E. 1 Health behaviors – 1.A identify and practice personal health habits that help individuals stay healthy H.E. 1 Health behaviors – 1.B identify types of foods that help the body grow	Language Arts/Reading  Math  Health Education	Prior to lesson, teacher creates anchor chart with song lyrics for students to refer to. (Save anchor chart for Session 10)
Act. 2 Game/ Act. 3 Summary	L.A. 17 Oral and Written Conventions/Handwriting, Capitalization, and Punctuation – 17.A form upper- and lower-case letters legibly using the basic conventions of print (left-to-right and top-to-bottom progression)  L.A. 18 Oral and Written Conventions/Spelling – 18.A use phonological knowledge to match sounds to letters  L.A. 23 Listening and Speaking/Teamwork. Students work productively with others in teams. Students continue to apply earlier standards with greater complexity. Students are expected to follow agreed-upon rules for discussion, including taking turns and speaking one at a time.	Language Arts/Reading	
Session/	Texas Essential Knowledge and Skill (TEKS)	Core	Notes for Teachers/

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Activity		Subject	Handouts
<b>Session 10: Tricky Drinks/Program Wrap-Up</b>			
Act. 1 Story and Discussion	L.A. 8 Reading/Comprehension of Literary Text/Fiction – 8.A retell a main event from a story read aloud; and 8.B describe characters in a story and the reasons for their actions  H.E. 1 Health behaviors – 1.A identify and practice personal health habits that help individuals stay healthy H.E. 1 Health behaviors – 1.B identify types of foods that help the body grow	Language Arts/Reading  Health Education	Use anchor charts from Sessions 1, 7 and 9.
Act. 2 Homework	S.S. 16 Social Studies Skills – 16.B use a decision-making process to identify a situation that requires a decision, gather information, generate options, predict outcomes, take action to implement a decision, and reflect on the effectiveness of the decision	Social Studies	
Act. 3 Program Wrap-up	L.A. 1 Reading/Beginning Reading Skills/Print Awareness – 1.A recognize that spoken words can be represented by print for communication	Language Arts/Reading	