

# *Life in the Balance - 7<sup>th</sup> Grade Curriculum*

## TEKS Alignment

### **A Balanced Life:**

Science: 7.6C, 7.7B, 7.12B

Health Education: 7.1AC, 7.4ABC, 7.6A, 7.7AB, 7.12BCFG

Physical Education: 7.3ABCD, 7.4ABCDEH

### **Project Lesson: A Balanced Life:**

Science: 7.2ABCDE, 7.6C, 7.7B

Mathematics: 7.1AB, 7.2ABCDEFG, 7.5AB, 7.13ABCD

Health Education: 7.1AC, 7.4ABC, 7.12BFG

Physical Education: 7.3ABCDE, 7.4BCDH

### **The Reason for Those Milk Mustaches:**

Science: 7.2ABDE, 7.3A, 7.5C

Mathematics: 7.1AB, 7.2BFG, 7.5AB, 7.13ABCD

Health Education: 7.1C, 7.3ABC, 7.4ABC, 7.12ABCF

Physical Education: 7.4EH

### **Portion Distortion:**

Science: 7.7B

Mathematics: 7.1A, 7.5AB, 7.11AB, 7.13ABCD

Health Education: 7.4ABC, 7.12ABCF

Physical Education: 7.4EH

### **Project Lesson: Portion Distortion:**

Health Education: 7.4BC, 7.12BCF

Physical Education: 7.4EH

### **Empty Liquid Calories:**

Science: 7.7B

Mathematics: 7.1AB, 7.2ABCDEFG, 7.5AB, 7.13ABCD

Health Education: 7.1AC, 7.3ABC, 7.4ABC, 7.12ABCF

Physical Education: 7.4EH

**The Color Power of Fruits and Veggies:**

Mathematics: 7.1A, 7.2C, 7.11AB, 7.13ABCD

Health Education: 7.1AC, 7.3A, 7.4BC, 7.12ABCF

Physical Education: 7.4EH

**Screen-Time and It's Consequences:**

Science: 7.2ABC

Mathematics: 7.1AB, 7.2B, 7.5B, 7.11AB, 7.13AD

Health Education: 7.1AC, 7.3AB, 7.4BC, 7.7AB, 7.12ABCF

Physical Education: 7.3ABCDE, 7.4ABCH

**Project Lesson: Screen-Time and It's Consequences:**

Mathematics: 7.1AB, 7.2AB, 7.5B, 7.11AB, 7.13ABCD

Health Education: 7.4ABC, 7.12ABCFG

Physical Education: 7.3BDE, 7.4ABCDH